

New Mexico State University

Health Talks (brown bag luncheon)

Coronary Heart Disease:

Getting to the heart of the matter

June 13, 2006 (Tuesday) 12:00-12:50 pm

The Brown Bag Health Talks are an informal and interactive way to provide practical information on health issues that may affect you or a member of your family.

On June 13, 2006, Dr. J.M. Berning, Director of the Exercise Physiology Laboratory, NMSU, will discuss this topic in the NMSU Safety Training Facility, room 110, in Academic Research C.

Coronary Heart Disease remains one of the leading causes of death in our society. But what exactly is Coronary Heart Disease? What is a Coronary Artery? What is a heart attack? What is open heart surgery? What is coronary artery bypass grafting? What is catheterization? What is, what is, what is??? This interactive session is designed to answer these and many other questions.

The Brown Bag Health Talks are a monthly event designed for the individual who wants to understand more about various health issues in an informal setting with easy access during the lunch hour. We encourage departments to send groups or request specific dates. Bring your lunch and engage in learning things that will help 'YOU' to better manage your health.

For more information on these topics and a location map, check the Safety News section on the NMSU Safety website at <http://www.nmsu.edu/safety> or call Environmental Health & Safety.

Live, Learn and Thrive.

