

**NEW MEXICO STATE UNIVERSITY  
DEPARTMENT OF HEALTH SCIENCE**

**COURSE:** HLS 301G.75 HUMAN SEXUALITY  
Spring 2008  
WebCT

**INSTRUCTOR:** Sonya L. Czerniak, MPH  
College Assistant Professor  
New Mexico State University  
College of Health and Social Services

**OFFICE:** Online Course

**PHONE:** 505-646-4300 (message only)

**EMAIL:** sandron@nmsu.edu

**OFFICE HOURS:** By appointment online or via phone

**COURSE DESCRIPTION**

Examination of human sexuality from a variety of perspectives: cultural, sociological, physiological and psychological. Issues examined from viewpoints such as gender, individual, family, and professional roles.

This course addresses diversity in detail and also includes coverage of the latest research on such topics as the depiction of sex in the media, sex in cyberspace, gender identity issues, breast implants, prostate cancer treatments, contraception technology, sexual orientation, artificial insemination, and sexually transmitted diseases. The title of the textbook is *OUR SEXUALITY* - an explicit acknowledgment that, for all of our differences, we all share the human experience of many sexual and relationship matters. Such matters cross cultural boundaries and sexual orientation lines: the body's physiological arousal and response to pleasure; overcoming the green-eyed monster of jealousy and communicating more effectively; the variety of sexual behaviors that can be explored; treatment possibilities for sexual dysfunctions; the need to protect ourselves from STDs; how our sexual satisfaction can improve with age even as the body changes; and how we help those who have been victimized by sexual attack, etc.

**WHAT IS GENERAL EDUCATION CORE CURRICULUM?**

This course has been certified as one in New Mexico State University's General Education Core Curriculum (GECC). The GECC attempts to foster intelligent inquiry, abstract logical thinking, critical analysis and the integration and synthesis of knowledge; it strives for literacy in writing, reading, speaking and listening; it teaches mathematical structures; acquainting students with precise abstract thought and numbers and space; it encourages an understanding of science and scientific inquiry; it provides a historical consciousness, including an understanding of one's own heritage as well as respect for other peoples and cultures; it includes an examination of values and stresses the importance of a carefully considered values system; it fosters an appreciation of the arts; and general education provides the breadth necessary to have a familiarity with the various branches of human understanding.

**GENERAL EDUCATION POLICY REGARDING THE "LIBRARY RESEARCH ASSIGNMENT"**

Viewing a Wider World - All students matriculated at the main campus at NMSU will take, preferably during their junior or senior year, two general education courses (at the 300 or 400 level) from two colleges other than their own. To be approved for inclusion here, each of these courses must include an assignment which will require the student to conduct a rigorous library based research assignment. In addition we recommend to the General Education Steering Committee that, where applicable, they give strong preference to those courses which strongly emphasize the international character and multicultural influences in the fields of study.

### **COURSE OBJECTIVES**

1. Examine your personal value system regarding sexual decision making and be more comfortable with sexuality issues
2. Apply new understandings of human sexuality to help dispel current myths and misunderstandings
3. Identify the relationship between gender identity and gender role, and discuss how male and female roles are changing
4. Examine male and female reproductive anatomy and the physiology of sexual arousal.
5. Identify and discuss sexual behavior patterns
6. Examine the processes of relationships and discuss the characteristics and skills that are necessary to build and maintain intimate relationships
7. Discuss the attitudes and issues pertaining to homosexuality
8. Identify the various methods of contraception and discuss the factors that should be taken into account in choosing a method of birth control
9. Identify and discuss the process of conception through childbirth
10. Discuss the transmission, diagnosis, complications, treatment, and prevention of sexually transmitted diseases and HIV/AIDS
11. Discuss sexual victimization prevention

### **REQUIRED TEXTBOOK:**

Crooks and Bauer's "Our Sexuality for New Mexico State University" 10th Ed. Published by Thomson Wadsworth (2008). Required.

To order your textbook, please go to: <http://www.nmsubookstore.com/nmsu/>

### **COURSE OUTLINE:**

Student course grades will be determined by a series of eighteen (18) on-line quizzes and one (1) library research project (to be turned in electronically via the WebCT assignment drop box).

Chapter 1: Perspectives on Sexuality

Chapter 2: Sex Research: Methods and Problems

Chapter 3: Gender Issues

Chapter 4: Female Sexual Anatomy and Physiology

Chapter 5: Male Sexual Anatomy and Physiology

Chapter 6: Sexual Arousal and Response

Chapter 7: Love and Communication In Intimate Relationships

Chapter 8: Sexual Behaviors

Chapter 9: Sexual Orientations

Chapter 10: Contraception

Chapter 11: Conceiving Children: Process and Choice

Chapter 12: Sexuality During Childhood and Adolescence  
Chapter 13: Sexuality and the Adult Years  
Chapter 14: Sexual Difficulties and Solutions  
Chapter 15: Sexually Transmitted Diseases  
Chapter 16: Atypical Sexual Behavior  
Chapter 17: Sexual Coercion  
Chapter 18: Sex for Sale

### **COURSE REQUIREMENTS:**

This course is designed to be completed 100% on-line and asynchronously at each student's own pace. Via WebCT, students will have a wealth of information and study material available to them.

### **Textbook Companion Web Site:**

- The book publisher provides a direct web link to a multitude of on-line resources. On the home page is a link to this location; this site contains valuable study resources and tools.

### **Power Point Presentations Icon:**

- Under the "Power Point Presentations" icon on the opening WebCT page for this course, students will find a series of power point presentations of the course contents and book.

### **Study Guide:**

- The edition of the textbook sold at the NMSU bookstore entitled "Our Sexuality for New Mexico State University" contains a comprehensive 352-page "Study Guide" which covers all 18 chapters.

### **On-Line Quizzes:**

- Each Quiz will have a time limit of 40 minutes
- Each Quiz covers 1 chapter
- Each Quiz has 25 questions worth 2 points each
- Each Quiz may be taken twice; the highest of both scores will be recorded. If you are satisfied with your score after the first attempt, you do not need to repeat that Quiz.
- All Quizzes are considered to be independent work, completed only by each individual student enrolled in the course. All Quizzes are open-book, open-note, closed neighbor.
- It is strongly recommended that all quizzes be completed sequentially in the order listed.
- All Quizzes will be open the first day of class; The deadline for quiz completion is as follows:

<b>QUIZ</b>	<b>DUE</b>
1-9	March 14 <sup>th</sup> by 11:55pm
10-18	May 9 <sup>th</sup> by 11:55pm

### **Library Research Project:**

- For detailed instructions on the Library Research Project, please click on the home-page icon that says "Library Research Project."
- The Library Research Project must be uploaded into the drop box by **11:55pm on April 25<sup>th</sup>**

- Late papers will be accepted until May 9<sup>th</sup> by 11:55pm, with 5pts taken off for each day late after April 25th.

**GRADING:**

18 Quizzes @ 50 points each	900 points
Library Research Project	200 points
<b>TOTAL POINTS POSSIBLE</b>	<b>1,100</b>

- A = 90-100 Points
- B = 80-89 Points
- C = 70-79 Points
- D = 60-69 Points
- F = < 60 Points

**ACADEMIC INTEGRITY:**

Academic integrity is the pursuit of scholarly activity free from fraud and deception and is an educational objective of this institution. Academic dishonesty includes, but is not limited to, cheating, plagiarizing, fabricating of information or citations, facilitating acts of academic dishonesty by others, having unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, or tampering with the academic work of other students.

Any student accused of a specific act stated in the previous paragraph is subject to NMSU academic procedures relating to or pertaining to violations of the student code of conduct for academic integrity.

**ADA STATEMENT:**

The Americans with Disabilities Act (ADA) is a federal antidiscrimination statute that provides comprehensive civil protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact Services for Students with Disabilities, Corbett Center, Room 244, (575) 646-6840.

**EMAIL CONTACT:**

All communications associated with this course will be via your official NMSU WebCT email account. Please be sure to check that account at least every week for important messages, etc.

**WITHDRAWALS:**

Some instructors automatically drop students for persistent absences or failure to complete assignments. Other instructors leave the responsibility for withdrawals entirely to students. It is recommended that you review NMSU policy on withdrawals. Health and Social Services students do not need to obtain instructor or department head’s signatures when they drop classes within the deadlines. No withdrawals from individual courses are allowed after the mid-point of the semester (October 15<sup>th</sup> for the Fall and March 15<sup>th</sup> for the Spring).

**INCOMPLETE GRADES:**

Under university policy, Incompletes may be given only if a student has passed the first half of the course, and is precluded from successful completion of the second half of the course by a documented illness or family crisis, that the instructor believes genuinely precluded successful course completion.