

**New Mexico State University
Department of Health Science
Spring 2008**

HLS 301G: Section M77 HUMAN SEXUALITY (3 HRS)

New Mexico State University
College of Health and Social Services
Department of Health Science

This is a Web-CT course. All enrolled students may access the on-line portion of the course at <http://salsa.nmsu.edu/>.

INSTRUCTOR

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OFFICE HOURS

By Appointment Only

COURSE DESCRIPTION

Examination of human sexuality from a variety of perspectives: cultural, sociological, physiological and psychological. Issues examined from viewpoints such as gender, individual, family, and professional roles.

This course addresses diversity in detail and also includes coverage of the latest research on such topics as the depiction of sex in the media, sex in cyberspace, gender identity issues, breast implants, prostate cancer treatments, contraception technology, sexual orientation, artificial insemination, and sexually transmitted diseases. The title of the textbook is *OUR SEXUALITY* - an explicit acknowledgment that, for all of our differences, we all share the human experience of many sexual and relationship matters. Such matters cross cultural boundaries and sexual orientation lines: the body's physiological arousal and response to pleasure; overcoming the green-eyed monster of jealousy and communicating more effectively; the variety of sexual behaviors that can be explored; treatment possibilities for sexual dysfunctions; the need to protect ourselves from STDs; how our sexual satisfaction can improve with age even as the body changes; and how we help those who have been victimized by sexual attack, etc.

WHAT IS GENERAL EDUCATION CORE CURRICULUM:

This course has been certified as one in New Mexico State University's General Education Core Curriculum (GECC). The GECC attempts to foster intelligent inquiry, abstract logical thinking, critical analysis and the integration and synthesis of knowledge; it strives for literacy in writing, reading, speaking and listening; it teaches mathematical structures; acquainting students with precise abstract thought and numbers and space; it encourages an understanding of science and scientific inquiry; it provides a historical

consciousness, including an understanding of one's own heritage as well as respect for other peoples and cultures; it includes an examination of values and stresses the importance of a carefully considered values system; it fosters an appreciation of the arts; and general education provides the breadth necessary to have a familiarity with the various branches of human understanding.

GENERAL EDUCATION POLICY REGARDING THE "LIBRARY RESEARCH ASSIGNMENT"

Viewing a Wider World - All students matriculated at the main campus at NMSU will take, preferably during their junior or senior year, two general education courses (at the 300 or 400 level) from two colleges other than their own. To be approved for inclusion here, each of these courses must include an assignment which will require the student to conduct a rigorous library based research assignment. In addition we recommend to the General Education Steering Committee that, where applicable, they give strong preference to those courses which strongly emphasize the international character and multicultural influences in the fields of study.

PREREQUISITES

None

REQUIRED TEXTBOOK(S)

To order your textbook, please go to: <http://www.nmsubookstore.com/nmsu/>

Crooks and Bauer's "Our Sexuality for New Mexico State University" 10th Ed. Published by Thomson Wadsworth (2008). Required.

COURSE OBJECTIVES

- Examine your personal value system regarding sexual decision making and be more comfortable with sexuality issues
- Apply new understandings of human sexuality to help dispel current myths and misunderstandings
- Identify the relationship between gender identity and gender role, and discuss how male and female roles are changing
- Examine male and female reproductive anatomy and the physiology of sexual arousal.
- Identify and discuss sexual behavior patterns
- Examine the processes of relationships and discuss the characteristics and skills that are necessary to build and maintain intimate relationships
- Discuss the attitudes and issues pertaining to homosexuality
- Identify the various methods of contraception and discuss the factors that should be taken into account in choosing a method of birth control
- Identify and discuss the process of conception through childbirth
- Discuss the transmission, diagnosis, complications, treatment, and prevention of sexually transmitted diseases and HIV/AIDS
- Discuss sexual victimization prevention

COURSE OUTLINE

Chapter 1: Perspectives on Sexuality
Chapter 2: Sex Research: Methods and Problems
Chapter 3: Gender Issues
Chapter 4: Female Sexual Anatomy and Physiology
Chapter 5: Male Sexual Anatomy and Physiology
Chapter 6: Sexual Arousal and Response
Chapter 7: Love and Communication In Intimate Relationships
Chapter 8: Sexual Behaviors
Chapter 9: Sexual Orientations
Chapter 10: Contraception
Chapter 11: Conceiving Children: Process and Choice
Chapter 12: Sexuality During Childhood and Adolescence
Chapter 13: Sexuality and the Adult Years
Chapter 14: Sexual Difficulties and Solutions
Chapter 15: Sexually Transmitted Diseases
Chapter 16: Atypical Sexual Behavior
Chapter 17: Sexual Coercion
Chapter 18: Sex for Sale

TEACHING METHODS

This course is designed to be completed 100% on-line. Via WebCT, students will have a wealth of information and study material available to them.

Textbook Companion Web Site

The book publisher provides a direct web link to a multitude of on-line resources. On the home page is a link to this location; this site contains valuable study resources and tools.

Power Point Presentations Icon

Under the "Power Point Presentations" icon on the opening WebCT page for this course, students will find a series of power point presentations of the course contents and book.

Study Guide

The edition of the textbook sold at the NMSU bookstore entitled "Our Sexuality for New Mexico State University" contains a comprehensive 352-page "Study Guide" which covers all 18 chapters.

EVALUATION OF STUDENT PERFORMANCE

Student course grades will be determined by a series of eighteen (18) on-line quizzes, four (4) library research projects (to be turned in electronically via the WebCT assignment drop box), and 10 online discussion postings.

On-Line Quizzes

- Each Quiz will have a time limit
- Each Quiz covers 1 chapter
- Each Quiz has 25 questions worth 2 points each
- Each Quiz may be taken twice; the highest of both scores will be recorded. If you are satisfied with your score after the first attempt, you do not need to repeat that Quiz.

- All Quizzes are considered to be independent work, completed only by each individual student enrolled in the course. All Quizzes are open-book, open-note, closed neighbor.
- It is strongly recommended that all quizzes be completed sequentially in the order listed.
- Each Quiz has a deadline for completion.

Library Research Project

For detailed instructions on the Library Research Projects, please click on the home-page icon that states “Library Research Projects”.

GRADING SCALE

- A 90-100%
- B 80-89%
- C 70-79%
- D 60-69%
- F < 60%

POINTS DISTRIBUTION

18 Quizzes @ 50 points each	900 points
4 Library Research Projects @ 50 points each	200 points
10 Discussion Postings @ 10 point each	100 points
TOTAL POINTS POSSIBLE	1,200 points

ADA STATEMENT

Students with Disabilities. If you have or believe you have a disability and would benefit from any accommodations, you may wish to self-identify by contacting the Services for Students with Disabilities (SSD) Office located at Garcia Annex (phone: 646-6840). If you have already registered, please make sure that your instructor receives a copy of the accommodation memorandum from SSD within the first two weeks of classes. It is your responsibility to inform either your instructor or SSD representative in a timely manner if services/ accommodations provided are not meeting your needs.

If you have a condition which may affect your ability to exit safely from the premises in an emergency or which may cause an emergency during class, you are encouraged to discuss any concerns with the instructor and/or Mr. Michael Armendariz, SSD Coordinator. Feel free to call Mr. Gerard Nevarez, Director, or Angela Velasco, Assistant Director, Office of Institutional Equity, at 646-3635, with any questions about the Americans with Disabilities Act (ADA) and/or Section 504 of the Rehabilitation Act of 1973. All medical information will be treated confidentially.

Instructors will receive specific written guidelines for appropriate accommodations for individual students from the SSD office. No student should be given accommodations for disabilities unless SSD has requested these specific accommodations for her/him.

ACADEMIC INTEGRITY

Academic integrity is the pursuit of scholarly activity free from fraud and deception and is an educational objective of this institution. Academic dishonesty includes, but is not limited to, cheating, plagiarizing, fabricating of information or citations, facilitating acts of academic dishonesty by others, having unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, or tampering with the academic work of other students.

Any student accused of a specific act stated in the previous paragraph is subject to NMSU academic procedures relating or pertaining to violations of the student code of conduct for academic integrity.