

**NEW MEXICO STATE UNIVERSITY  
DEPARTMENT OF HEALTH SCIENCE**

**HLS 301G Section 85: Human Sexuality (3 hours)  
Spring 2008  
WebCT**

**COURSE SYLLABUS**

**INSTRUCTOR: Janifer N. Quick, MPH  
PHONE: (575) 635-7046  
E-MAIL: [janiferq@nmsu.edu](mailto:janiferq@nmsu.edu) (Use this email if you cannot reach me through WebCT.)  
OFFICE HOURS: virtual office hours by appointment**

**Department of Health Science: [www.nmsu.edu/~hlthdpt](http://www.nmsu.edu/~hlthdpt)  
Department Phone: (575) 646-4300**

**COURSE DESCRIPTION**

Examination of human sexuality from a variety of perspectives: cultural, sociological, physiological and psychological. Issues are examined from viewpoints such as gender, individual, family, and professional roles.

This course addresses diversity in detail and also includes coverage of the latest research on such topics as the depiction of sex in the media, sex in cyberspace, gender identity issues, breast implants, prostate cancer treatments, contraception technology, sexual orientation, artificial insemination, and sexually transmitted diseases. The title of the textbook is **Our Sexuality for New Mexico State University** – an explicit acknowledgement that, for all of our differences, we all share the human experience of many sexual and relationship matters. Such matters cross cultural boundaries and sexual orientation lines: the body's physiological arousal and response to pleasure; overcoming the green-eyed monster of jealousy and communicating more effectively; the variety of sexual behaviors that can be explored; treatment possibilities for sexual dysfunctions; the need to protect ourselves from STDs; how our sexual satisfaction can improve with age even as the body changes; and how we help those who have been victimized by sexual attack, etc.

**COURSE OBJECTIVES**

During this course you will:

1. Examine your personal value system regarding sexual decision making and be more comfortable with sexuality issues
2. Apply new understandings of human sexuality to help dispel current myths and misunderstandings
3. Identify the relationship between gender identity and gender role, and discuss how male and female roles are changing
4. Examine male and female reproductive anatomy and physiology of sexual arousal
5. Identify and discuss sexual behavior patterns

## **COURSE OBJECTIVES (continued)**

6. Examine the processes of relationships and discuss the characteristics and skills that are necessary to build and maintain intimate relationships
7. Discuss the attitudes and issues pertaining to homosexuality
8. Identify various methods of contraception and discuss the factors that should be taken into account in choosing a method of birth control
9. Identify and discuss the process of conception through childbirth
10. Discuss the transmission, diagnosis, complications, treatment, and prevention of sexually transmitted diseases and HIV/AIDS
11. Discuss sexual victimization prevention

## **REQUIRED TEXT**

Crooks, Robert and Baur, Karla. "Our Sexuality for New Mexico State University", 10<sup>th</sup> Edition. Published by Thomas Wadsworth (2008).

You may order a textbook at <http://www.nmsubookstore.com/nmsu/>

## **TENTATIVE COURSE OUTLINE**

Please refer to the Tentative Course Schedule found at the end of this syllabus.

## **COURSE REQUIREMENTS**

- Active participation in course readings, assignments and activities is expected.
- All assignments must be completed on time. All assignments will be submitted to the Instructor through WebCT in the specified format. It is the student's responsibility to ensure that the Instructor has received their assignments. Late assignments will not be accepted. Make-up exams will not be given.
- The last day to withdraw from the class with a "W" is Monday, March 10, 2008.
- Students are expected to promptly discuss any concerns, difficulties, and/or questions about the course, grades, assignments, etc. with the Instructor as they occur. Students are expected to clarify questions about their progress throughout the semester and not wait until the end of the semester to discuss such issues.

## **LEARNING STRATEGIES**

- A variety of student study tools, including powerpoint presentations (found on the course homepage), practice tests, crossword puzzles, flashcards, and more will be used to cover the course content and support learning objectives. Many of these resources can be found in the Study Guide for Crooks and Baur's Our Sexuality, 10<sup>th</sup> Edition and by visiting the book companion site at

## **LEARNING STRATEGIES (continued)**

- A critical component of the course will be the sharing of personal and individual views, opinions, and experiences by students. Students are expected to actively participate in the course activities.
- The online environment will be supportive, open and safe for expression of a variety of thoughts and viewpoints. Your active interest and involvement in the reading and assignments, practice and review exercises, and discussion postings will be essential to your learning and overall success in the course.

## **GRADING**

Student course grades will be determined by a series of six on-line Quizzes, five Group Discussions, and one Library Research Project.

- Quizzes (600 total points): six on-line quizzes worth 100 points each
- Group Discussion (150 total points): five group discussions worth 30 points each
- Library Research Project (250 total points): one library research project worth a total of 250 points

### **Grading/Evaluation Scale:**

A = 900 - 1050 Points

B = 800 - 899 Points

C = 700 - 799 Points

D = 600 - 699 Points

F = <600 Points

## **ACADEMIC INTEGRITY**

Academic integrity is the pursuit of scholarly activity free from fraud and deception and is an educational objective of this institution. Academic dishonesty includes, but is not limited to, cheating, plagiarizing, fabricating of information or citations, facilitating acts of academic dishonesty by others, having unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, or tampering with the academic work of other students.

Any student accused of a specific act stated in the previous paragraph is subject to NMSU academic procedures relating or pertaining to violations of the student code of conduct for academic integrity.

**ADA STATEMENT**

The Americans with Disabilities Act (ADA) is a federal antidiscrimination statute that provides comprehensive civil protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact Services for Students with Disabilities, Corbett Center, Room 244, 575.646.6840.

**COMMUNICATION**

Communication associated with this course will be via WebCT email and announcements posted to the course homepage. Please check the course homepage and your email often for important announcements, reminders, and supplemental materials.

**OTHER INFORMATION**

This course has been certified as one in New Mexico State University's General Core Curriculum (GECC). The GECC attempts to foster intelligent inquiry, abstract logical thinking, critical analysis and integration and synthesis of knowledge; it strives for literacy in writing, reading, speaking and listening; it teaches mathematical structures; acquainting students with precise abstract thought and numbers and space; it encourages an understanding of science and scientific inquiry; it provides a historical consciousness, including an understanding of one's own heritage as well as respect for other peoples and cultures; it includes and examination of values and stresses the importance of a carefully considered values system; it fosters an appreciation of the arts; and general education provides the breadth necessary to have a familiarity with the various branches of human understanding.

<b>Textbook Section</b>	<b>Date</b>	<b>Assignment</b>
<b>Part One – Introduction</b> [1/17 – 2/1/2008]  <b>January 21 – Martin Luther King Holiday</b>	1/17 – 1/24/2008	Read Chapters 1, 2, and 3
	1/17 – 1/24/2008	View Powerpoint Presentations for Chapters 1, 2, and 3
	1/17 – 1/24/2008	Review for Quiz #1 (Chapters 1, 2, and 3) using the Study Guide and the textbook companion website
	<b>1/24 – 1/31/2008</b>	<b>Participate in Group Discussion #1</b>
	<b>2/1/2008</b>	<b>Quiz #1 – Recommended Due Date</b>
<b>Part Two – Biological Basis</b> [2/4 – 2/19/2008]	2/4 – 2/11/2008	Read Chapters 4, 5, and 6
	2/4 – 2/11/2008	View Powerpoint Presentations for Chapters 4, 5, and 6
	2/4 – 2/11/2008	Review for Quiz #2 (Chapters 4, 5, and 6) using the Study Guide and the textbook companion website
	<b>2/11 – 2/18/2008</b>	<b>Participate in Group Discussion #2</b>
	<b>2/19/2008</b>	<b>Quiz #2 – Recommended Due Date</b>
<b>Part Three – Sexual Behavior</b> [2/20 – 3/4/2008]	2/20 – 2/27/2008	Read Chapters 7, 8 and 9
	2/20 – 2/27/2008	View Powerpoint Presentations for Chapters 7, 8, and 9
	2/20 – 2/27/2008	Review for Quiz #3 (Chapters 7, 8, and 9) using the Study Guide and the textbook companion website
	<b>2/27 – 3/3/2008</b>	<b>Participate in Group Discussion #3</b>
	<b>3/4/2008</b>	<b>Quiz #3 – Recommended Due Date</b>
<b>Part Four – Sexuality and the Life Cycle</b> [3/5 – 4/1/2008]  <b>March 10 - Last Day to drop with a “W”</b>  <b>March 21 – Spring Holiday</b> <b>March 24 - 28 – Spring Break</b>	3/5 – 3/14/2008	Read Chapters 10, 11, 12 and 13
	3/5 – 3/14/2008	View Powerpoint Presentations for Chapters 10, 11, 12 and 13
	3/5 – 3/14/2008	Review for Quiz #4 (Chapters 10, 11, 12 and 13) using the Study Guide and the textbook companion website
	<b>3/14 – 3/31/2008</b>	<b>Participate in Group Discussion #4</b>
	<b>4/1/2008</b>	<b>Quiz #4 – Recommended Due Date</b>
<b>Part Five – Sexual Problems</b> [4/2 – 4/15/2008]	4/2 – 4/7/2008	Read Chapters 14 and 15
	4/2 – 4/7/2008	View Powerpoint Presentations for Chapters 14 and 15
	4/2 – 4/7/2008	Review for Quiz #5 (Chapters 14
	4/2 – 4/7/2008	

<b>April 14 – Library Research Project DUE</b>		and 15) using the Study Guide and the textbook companion website
	<b>4/7 – 4/14/2008</b>	<b>Participate in Group Discussion #5</b>
	<b>4/14/2008</b>	<b>Library Research Project Due</b>
	<b>4/15/2008</b>	<b>Quiz #5 – Recommended Due Date</b>
<b>Part Six – Social Issues</b> <b>[4/16 – 5/1/2008]</b>	4/16 – 4/23/2008	Read Chapters 16, 17, and 18
	4/16 – 4/23/2008	View Powerpoint Presentations for Chapters 16, 17 and 18
	4/16 – 4/23/2008	Review for Quiz #6 (Chapters 16, 17 and 18) using the Study Guide and the textbook companion website
	<b>4/23 – 4/30/2008</b>	<b>Participate in Group Discussion #6</b>
	<b>5/1/2008</b>	<b>Quiz #6 – Recommended Due Date</b>
<b>May 5 - 9 – Exam Week</b>	<b>5/5/2008</b>	<b>Extra Credit Assignment Due (optional)</b>
	<b>5/5 – 5/9/2008</b>	<b>Complete Outstanding Quizzes!!!</b>
	<b>5/9/2008</b>	<b>Quiz #1 – Quiz #6 CLOSE</b>