

HLS 301G: HUMAN SEXUALITY (3 HRS)
New Mexico State University
College of Health and Social Services
Department of Health Science

This is a Web-CT course. All enrolled students may access the on-line portion of the course at <http://salsa.nmsu.edu/>.

INSTRUCTOR

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OFFICE HOURS

Tuesday, Wednesday, Thursday TBA PM, and by appointment.

COURSE DESCRIPTION

Examination of human sexuality from a variety of perspectives: cultural, sociological, physiological and psychological. Issues examined from viewpoints such as gender, individual, family, and professional roles.

This course addresses diversity in detail and also includes coverage of the latest research on such topics as the depiction of sex in the media, sex in cyberspace, gender identity issues, breast implants, prostate cancer treatments, contraception technology, sexual orientation, artificial insemination, and sexually transmitted diseases. The title of the textbook is *OUR SEXUALITY* - an explicit acknowledgment that, for all of our differences, we all share the human experience of many sexual and relationship matters. Such matters cross cultural boundaries and sexual orientation lines: the body's physiological arousal and response to pleasure; overcoming the green-eyed monster of jealousy and communicating more effectively; the variety of sexual behaviors that can be explored; treatment possibilities for sexual dysfunctions; the need to protect ourselves from STDs; how our sexual satisfaction can improve with age even as the body changes; and how we help those who have been victimized by sexual attack, etc.

WHAT IS GENERAL EDUCATION CORE CURRICULUM:

This course has been certified as one in New Mexico State University's General Education Core Curriculum (GECC). The GECC attempts to foster intelligent inquiry, abstract logical thinking, critical analysis and the integration and synthesis of knowledge; it strives for literacy in writing, reading, speaking and listening; it teaches mathematical structures; acquainting students with precise abstract thought and numbers and space; it encourages an understanding of science and scientific inquiry; it provides a historical consciousness, including an understanding of one's own heritage as well as respect for other peoples and cultures; it includes an examination of values and stresses the importance of a carefully considered values system; it fosters an appreciation of the arts; and general education provides the breadth necessary to have a familiarity with the various branches of human understanding.

GENERAL EDUCATION POLICY REGARDING THE "LIBRARY RESEARCH ASSIGNMENT"

Viewing a Wider World - All students matriculated at the main campus at NMSU will take, preferably during their junior or senior year, two general education courses (at the 300 or 400 level) from two colleges other than their own. To be approved for inclusion here, each of these courses must include an assignment which will require the student to conduct a rigorous library based research assignment. In addition we recommend to the General Education Steering Committee that, where applicable, they give strong preference to those courses which strongly emphasize the international character and multicultural influences in the fields of study.

PREREQUISITES

None.

REQUIRED TEXTBOOK(S):

To order your textbook, please go to: <http://www.nmsubookstore.com/nmsu/>

Crooks and Bauer's "Our Sexuality for New Mexico State University" 10th Ed. Published by Thomson Wadsworth (2008). Required.

COURSE OBJECTIVES

- ✓ Examine your personal value system regarding sexual decision making and be more comfortable with sexuality issues
- ✓ Apply new understandings of human sexuality to help dispel current myths and misunderstandings
- ✓ Identify the relationship between gender identity and gender role, and discuss how male and female roles are changing
- ✓ Examine male and female reproductive anatomy and the physiology of sexual arousal.
- ✓ Identify and discuss sexual behavior patterns
- ✓ Examine the processes of relationships and discuss the characteristics and skills that are necessary to build and maintain intimate relationships
- ✓ Discuss the attitudes and issues pertaining to homosexuality
- ✓ Identify the various methods of contraception and discuss the factors that should be taken into account in choosing a method of birth control
- ✓ Identify and discuss the process of conception through childbirth
- ✓ Discuss the transmission, diagnosis, complications, treatment, and prevention of sexually transmitted diseases and HIV/AIDS
- ✓ Discuss sexual victimization prevention

COURSE OUTLINE

- ✓ Chapter 1: Perspectives on Sexuality
- ✓ Chapter 2: Sex Research: Methods and Problems
- ✓ Chapter 3: Gender Issues
- ✓ Chapter 4: Female Sexual Anatomy and Physiology
- ✓ Chapter 5: Male Sexual Anatomy and Physiology
- ✓ Chapter 6: Sexual Arousal and Response
- ✓ Chapter 7: Love and Communication In Intimate Relationships
- ✓ Chapter 8: Sexual Behaviors

- ✓ Chapter 9: Sexual Orientations
- ✓ Chapter 10: Contraception
- ✓ Chapter 11: Conceiving Children: Process and Choice
- ✓ Chapter 12: Sexuality During Childhood and Adolescence
- ✓ Chapter 13: Sexuality and the Adult Years
- ✓ Chapter 14: Sexual Difficulties and Solutions
- ✓ Chapter 15: Sexually Transmitted Diseases
- ✓ Chapter 16: Atypical Sexual Behavior
- ✓ Chapter 17: Sexual Coercion
- ✓ Chapter 18: Sex for Sale

TEACHING METHODS

This course is designed to be completed 100% on-line and asynchronously at each student's own pace. Via WebCT, students will have a wealth of information and study material available to them.

Textbook Companion Web Site:

The book publisher provides a direct web link to a multitude of on-line resources. On the home page is a link to this location; this site contains valuable study resources and tools.

Power Point Presentations Icon:

Under the "Power Point Presentations" icon on the opening WebCT page for this course, students will find a series of power point presentations of the course contents and book.

Study Guide

The edition of the textbook sold at the NMSU bookstore entitled "Our Sexuality for New Mexico State University" contains a comprehensive 352-page "Study Guide" which covers all 18 chapters.

EVALUATION OF STUDENT PERFORMANCE

Student course grades will be determined by a series of eighteen (18) on-line quizzes and one (1) library research project (to be turned in electronically via the WebCT assignment drop box).

On-Line Quizzes

- ✓ Each Quiz will have a time limit
- ✓ Each Quiz covers 1 chapter
- ✓ Each Quiz has 25 questions worth 2 points each
- ✓ Each Quiz may be taken twice; the highest of both scores will be recorded. If you are satisfied with your score after the first attempt, you do not need to repeat that Quiz.
- ✓ All Quizzes are considered to be independent work, completed only by each individual student enrolled in the course. All Quizzes are open-book, open-note, closed neighbor.
- ✓ It is strongly recommended that all quizzes be completed sequentially in the order listed.
- ✓ Each Quiz has a deadline for completion.

Library Research Project

For detailed instructions on the Library Research Project, please click on the home-page icon that says "Library Research Project."

GRADING SCALE

- A 90-100%
- B 80-89%
- C 70-79%
- D 60-69%
- F < 60%

POINT DISTRIBUTION

18 Quizzes @ 50 points each	900 points
Library Research Project	200 points
TOTAL POINTS POSSIBLE	1,100

ADA STATEMENT

Students with Disabilities. If you have or believe you have a disability and would benefit from any accommodations, you may wish to self-identify by contacting the Services for Students with Disabilities (SSD) Office located at Garcia Annex (phone: 646-6840). If you have already registered, please make sure that your instructor receives a copy of the accommodation memorandum from SSD within the first two weeks of classes. It is your responsibility to inform either your instructor or SSD representative in a timely manner if services/ accommodations provided are not meeting your needs.

If you have a condition which may affect your ability to exit safely from the premises in an emergency or which may cause an emergency during class, you are encouraged to discuss any concerns with the instructor and/or Mr. Michael Armendariz, SSD Coordinator. Feel free to call Mr. Gerard Nevarez, Director, or Angela Velasco, Assistant Director, Office of Institutional Equity, at 646-3635, with any questions about the Americans with Disabilities Act (ADA) and/or Section 504 of the Rehabilitation Act of 1973. All medical information will be treated confidentially.

Instructors will receive specific written guidelines for appropriate accommodations for individual students from the SSD office. No student should be given accommodations for disabilities unless SSD has requested these specific accommodations for her/him.